



# Run for Your Life 5K

Sponsored by ERBM Recreation & Park District  
and Meeker High School Cross Country Team

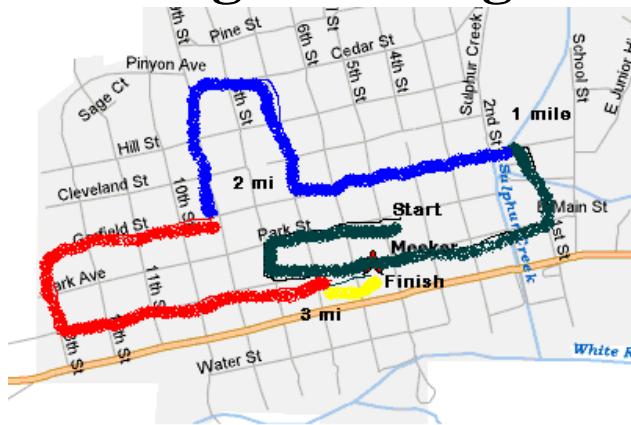


## Friday, July 4<sup>th</sup>, 2008

Pre-registration @ Meeker Recreation Center, 101 Ute Road  
Registration @ 6:30 a.m. day of race, 5<sup>th</sup> & Main Street  
(East side of RBC Courthouse)

### Running Race Begins @ 7:30 A.M.

### Walking Race Begins @ 8:00 A.M.



Entry fee, ALL AGES - \$15

For more information call  
**970-878-3403**

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### Registration Form

Circle Race: **Running** Walking

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Age day of race: \_\_\_\_\_ T-Shirt Size: S M L XL Gender: Male Female

Intending to be legally bound, I hereby certify that my training and health are adequate for me to safely compete in a 5,000 meter foot race and I hereby waive any claims for damage that I might suffer in the July 4<sup>th</sup> Run for Your Life Race.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's or legal guardian (IF under 18) \_\_\_\_\_